

Respiratory Protection POD Notes

POD Note #1:

All personnel whose work requires the use of respirators are reminded:

- Inspect respirators before and after each use. Reference:

- OPNAVINST 5100.19D, Article B0609a.

- Perform a positive and negative respirator face piece seal check prior to each use per OPNAVINST 5100.19D, article B0607b.

- Report any broken or missing parts to your immediate supervisor.

- Clean and stow respirators properly in a zip lock plastic bag after each use.

POD Note #2:

OPNAVINST 5100.19D, chapter B6, article B0608 states that all Navy personnel must be medically qualified and fit tested, before being issued a respirator. Fit testing is required annually thereafter.

POD Note #3:

Do you know how often you must be fit tested if you wear a respirator? OPNAVINST 5100.19D, chapter B6, article B0608 requires that a qualitative fit test be repeated every 12 months. Ensure that you are not overdue for your annual fit test.

POD Note #4:

All hands are reminded that they must be in the Respiratory Protection Program prior to using respirators. This even includes nuisance dust masks. Prior to entry into the program, all personnel must receive medical screening, respirator fit-tests, and training. Contact the NSA Safety Department for more information.

POD Note #5:

Respiratory protection is vitally important to welders, molders and other personnel who may be exposed to hazardous metal fumes during the course of their jobs. However, the wrong respirator or an improperly fitted respirator is the same as wearing no respirator at all. Be sure to check with your safety petty officer or the Safety Office to determine if your respiratory protective gear is "up to sniff". (OPNAVINST 5100.19D)

POD Note #6:

All personnel are reminded that only those personnel who have been trained, fit-tested and medically evaluated for the use of a respirator are authorized to use respirators. All personnel requiring the use of a respirator, but are not qualified to do so, should contact the Respiratory Protection Manager or your Safety representative.

POD Note #7:

Respirators are fit tested to each individual's face. Don't trade or wear your buddy's respirator. The make, model and size of respirator you were fitted for must match the one you use.

POD Note #8:

Do you know when to use a respirator and which one to use? OPNAVINST 5100.19D, CHAPTER B6 discusses selections, use and care. You must be medically cleared and fit tested prior to use. Respirators must be

turned in daily for cleaning.

POD Note #9:

Respiratory Protection Reminders: Remember to be fit tested for each type of respirator used. Remember to select the proper cartridge (i.e., do not use HEPA filters for fumes or vapors). Remember to clean and properly store your respirator after each use.

POD Note #10:

When welding or cutting in confined spaces remember that the space must have adequate ventilation. If not, air line respirators must be used in addition to having the space gas freed. For more information consult NSA Safety Department.

POD Note #11:

Personnel using respirators to protect against asbestos and lead exposure require quantitative fit testing, per federal regulations... NOT QUALITATIVE fit testing. This type of fit testing can be only performed by, and shall be requested from, shore support activities.